



AVID 4 ADVENTURE

July 12-18, 2015

BREAKFAST

LUNCH

DINNER

S

Chef's Choice

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Spaghetti and a Bolognese sauce with a house made marinara sauce, Garlic and herb Texas toast with steamed broccoli

M

Flaky Buttermilk Biscuits with a hearty sausage Gravy Fresh fruit bar Cereal with Bagels and cream cheese.

Blackened Chicken Caesar wraps with a creamy Caesar dressing and fresh Parmesan stuffed between a sundried tomato tortillas.
Italian Gazpacho soup

Slow roasted Greek style pork loin with fresh grapes and sage Wild rice with a dill and margarine sauce
Honey glazed carrots
Dinner rolls

T

Sausage and Cheese Egg Strata with a fresh veggie option, fresh fruit, cereal and Bagels.

Grilled cheese with fresh granny smith apples and a spicy brown mustard between a marble rye,
Cream of tomato basil Bisque

Chili Tacos with a fresh ground beef shredded lettuce diced tomatoes and a nacho cheese sauce, cilantro lime rice, fresh bread

W

Pancakes with Hot Cinnamon apples and maple syrup, fresh fruit salad, assorted cereals, bagels and cream cheese.
Orange Slices

Grilled Turkey Burgers with a fresh sage aioli and a fresh spring mix with seasoned tomatoes between a ciabatta bun
Potato salad, salad bar

Penne pasta with a Spicy Vodka Tomato Cream Sauce and grilled sausage, fresh baked focaccia bread, and mixed vegetables

TH

Candy bacon with scrambled Cheesy eggs and fresh sautéed peppers, assorted cereals, fresh fruit salad tossed in a mint sauce, bagels and cream cheese

Smoked Turkey California Clubs with lettuce, tomato, fresh avocado, and olive oil aioli, toasted pita chips and hummus
Fresh Curly Fries with a Chipotle Ranch Sauce

Teriyaki glazed grilled chicken with fresh pineapple chutney, scalloped potatoes with a white scallion Parmesan sauce, dinner rolls

F

French toast sticks with a vanilla cream topping, fresh fruit, assorted cereals, and bagels with cream cheese

Open-faced Turkey sandwiches on toasted Texas toast covered in a turkey mushroom gravy with roasted potatoes

Italian lasagna with ricotta cheese and house made marinara, fresh baked Italian bread, Caesar salads in a creamy Italian dressing

S

Continental Breakfast, assorted Muffins and fresh fruit with assorted cereals and bagels with strawberry cream cheese, with English Muffins.

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